Can I get throat cancer from a virus? YES. Human Papillomavirus (HPV) is a common virus with more than 100 types (only a few can cause cancer).

LOW-RISK HPV TYPE
Cause warts or bumps in either the:
- Mouth
- Throat
- Or genitals

HIGH-RISK HPV TYPE
Cause cancer in these places:
- Women: throat, cervix, vagina, anus
- Men: throat, anus, penis

How do I catch HPV? HPV is passed by direct contact during sex:
- Your partner must have HPV infection to catch it
- Oral, anal, or vaginal sex
- It may even be passed through open mouth kissing

FOR ABOUT 1-2 OF EVERY 100 PEOPLE, THE VIRUS STAYS AND HAS A CHANCE TO CAUSE CANCER
- Only for high-risk types
- Takes from 10-30 years or more years to get throat cancer

Is HPV common?
- It is the most common sexually transmitted disease in America
- In most cases, the body fights off the virus

What is HPV-related throat cancer?
BY THROAT CANCER, WE MEAN THESE SPOTS:
- Tonsils
- The base (the very back) of the tongue
What do I do?

PREVENTION

Get the HPV Vaccination

- Get an HPV Vaccine called **Gardasil 9** for people in the United States
- Males and females ages **9 to 45**
- **Two or three shots**, depending on your age

Avoid Infection

- Use safe sex practices
- Avoid high numbers of sexual partners
- Use barrier protection, such as condoms

What are the side effects of HPV vaccine?

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<thead>
<tr>
<th>MOST COMMON</th>
<th>OTHER COMMON</th>
<th>SEVERE</th>
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<tr>
<td>Pain, redness or swelling at the site of the injection</td>
<td>Dizziness</td>
<td>Is extremely low risk and is similar to other vaccines</td>
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<td></td>
<td>Fainting</td>
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<td>Nausea</td>
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IF YOU THINK YOU MIGHT HAVE HPV-RELATED THROAT CANCER, SEE A HEAD AND NECK CANCER DOCTOR RIGHT AWAY

What do I do?

DETECTION AND TREATMENT

Signs you may have HPV-related throat cancer:

- Painless neck lump for more than 2 weeks
- Pain or problems swallowing
- Throat pain or ear pain
- Changes in your voice

The sooner the cancer is detected, the better your chances to stay alive

Treatments may include:

- Surgery
- Radiation
- Chemotherapy

Most cases of HPV-related throat cancer are treatable