



Update

The Society of Otorhinolaryngology
and Head-Neck Nurses, Inc.

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President's Message



Dear SOHN Colleagues,

As I begin the second year of my term as your SOHN and ENT-NF President, I would like to renew my personal commitment to you to preserve, protect,

and defend the mission and vision of both our nursing Society and Foundation.

The past year was, and this year continues to be, challenging for all of us. Health care continues to undergo swift changes and the worldwide economic crisis we face, is having a dramatic impact on both our personal and professional lives. Because of this, we need to remind ourselves daily to address these challenges with character and integrity, while not compromising ORL nursing care excellence during a time of economic hardship.

The worldwide economic crisis has not only had an impact on our personal finances, it has also had a great impact on professional nursing societies nationally. While attending the Fall Summit of the Nursing Organizations Alliance, held in November 2008, it was reported that many nursing specialty organizations are struggling with decreased members and a

decline in conference attendance, which has greatly compromised their society's revenue. Because of the cost saving steps taken by SOHN in 2008, I am pleased to report to our membership that our society is financially sound. As 2009 progresses, the SOHN Board will closely monitor expenses and continue to use creative ways of decreasing costs and building new revenue sources.

I recently returned from Florida where SOHN officers, directors and committee chairs met for our Midwinter Board of Directors' Meeting. The Midwinter Board Meeting, in addition to the Annual Board Meeting held prior to Congress, is a face-to-face meeting of SOHN leadership to direct the business, financial and administrative affairs of the Society.

How we plan to accomplish the goals of our Society is the objective for meeting, but working well together collaboratively is how our members want to see the Board of Directors' interact. I can report in all sincerity that our Board is doing just that.

"Teamwork represents a set of values that encourage behaviors such as listening and constructively responding to points of view expressed by others, giving others the benefit of the doubt, providing support to those who need it, and recognizing the interests and achievements of others."

~ Katzenbach & Smith

A great example of your Board of Directors' ability to work collaboratively when challenged was exhibited recently by a change in two positions within the Society. Shortly after our Congress ended in Chicago, SOHN received resignations from our Treasurer and a Director on the Board. Due to personal reasons, both members felt their individual challenges did not allow them to serve the Board in the

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high manner in which they had intended. As President, I appreciated their honesty and with a heavy heart, accepted their resignations.

Since both Board positions had a year remaining in the term, the President must assign replacements for the positions, which the Board of Directors approves. The Board unanimously approved the President's choice of candidates to fill these positions. Lucy Kingston, the immediate past Vice President, graciously agreed to serve as our Treasurer for 2009. Lucy brings to the Board her wealth of knowledge and experience from serving many years on both the SOHN and ENT-NF Boards. Sharon Jamison was asked to serve as a Director on the Board for 2009 and Sharon expressed her honor in doing so. Sharon has had past experience on the SOHN Board and is currently serving as Chair of our Annual Congress. Both Lucy and Sharon demonstrate true professionalism and commitment to SOHN with the acceptance of their new roles within the organization and SOHN collectively applauds their enthusiasm to serve.

I would also like to acknowledge our Guest Attendees to the Midwinter Board Meeting this year – Joanna Maltese and Jennifer Spellman. Both Joanna and Jennifer have expressed interest in SOHN leadership. By attending this meeting as a guest, SOHN members with an interest in leadership have the opportunity to experience a Board meeting first hand. Many of our current board members were recipients of this award in the past and it has proven to be a sound program to encourage and mentor new leaders within the Society. (The Midwinter Guest Attendee program is funded in part by the Council of Past Presidents.)

What SOHN members have to look forward to in 2009:

- Expansion of ORL educational opportunities to include: a NEW Regional program in Philadelphia, Pennsylvania; a Pediatric Program held in conjunction with the American Society of Pediatric Otolaryngology (ASPO) in Seattle, Washington and our 33rd Annual Congress and Nursing Symposium in San Diego, California. This year's theme: ORL Nursing 2009 – Renew, Refresh, Revitalize!
- Marketing of the Comprehensive ORL and Head-Neck Nursing Course – now available as a traveling program with experienced SOHN faculty
- Stronger networking opportunities for our Special Interest Groups (SIGS)
- Greater Evidence Based Practice initiatives through the Practice/Research and Education Committees.

- Expansion and improvements to our national website: www.sohnnurse.com
- More eco-friendly choices for all SOHN activities. This will not only contribute to helping our environment, it will save the organization revenue in a time of economic concerns.
- The SOHN newsletter "UPDATE" will be printed and mailed to SOHN members through 2009, in addition to a NEW electronic version of the "UPDATE" available on our website to download beginning with this issue.
- The Core Curriculum for Otorhinolaryngology and Head-Neck Nurses will continue to be printed in a book format, and will also be available in a CD format to purchase
- The second edition of the Scope and Standards of Otorhinolaryngology and Head-Neck Nursing Practice has been approved and will be available to members on our website - free of charge.
- Continued collaboration with the AAO-HNS to create practice guidelines with ORL nursing recommendations – recently completed guidelines are available to download from our website
- ORL Telephone Triage publication, in collaboration with the Oncology Nursing Society (ONS), is currently under development and with a projected publishing date of September 2010

Ear, Nose and Throat Nursing Foundation (ENT-NF) Updates:

This year, the ENT-NF Annual Board Meeting was moved from the Spring Seminar, to the Midwinter Board Meeting weekend. This change was recommended to reduce the overall costs of our Board meetings, thus saving the organization revenue in a time of economic concerns.

The ENT-NF Board met prior to the SOHN Board meeting and had a full agenda of items to discuss. The ENT-NF Board worked together last year to educate our members about the importance of the ENT-NF to SOHN members and how the ENT-NF contributes to the advancement of ORL nurses. Our primary focus was during our Congress in Chicago, where we celebrated the 10th year of the ENT-NF with our Sweet Success Party. This party was a celebration of ORL nursing, which included education regarding the mission of the ENT-NF and its direct connection to SOHN, the presentation of the literary awards, lectureship awards and the scholarships funded by the ENT-NF. The ENT-NF's awareness campaign and fund raising efforts – including direct donations to the foundation, as well as a raffle – resulted in exceeding the ENT-NF Board of Directors'

goal of raising \$10,000. My heartfelt thanks go out to all of our Board members who enthusiastically worked to make this party special, the chapters who participated in the Chapter Showcase, Med-Systems, Inc. for sponsoring the event, and to all of you who “made the connection” and made a donation to the ENT-NF this year.

What you can look forward to in 2009:

- Ongoing education regarding the ENT-NF and its direct connection to SOHN members and the importance of contributing to the future of ORL nursing
- Personal recognition of all donations made to the ENT-NF
- Stepping Forward for the Foundation – The annual Congress fun-filled walk led by SOHN leaders to raise money for the ENT-NF
- Annual Congress Party to promote and celebrate ORL Nurses. This party will include ENT-NF sponsored awards, Chapter Showcase, Raffle drawing, great food and drink and NEW for this year’s event – DANCING!

Renew, Refresh, Revitalize in San Diego

Renowned for its idyllic climate, 70 miles of pristine beaches and a dazzling array of world-class attractions, San Diego is a perfect setting for SOHN’s 33rd Annual Congress and Nursing Symposium, October 2 – 6, 2009.

“America’s finest city” lives up to its nickname. San Diego’s gentle Mediterranean climate offers blue skies, and dry, sunny days. Bordered by Mexico, the Pacific Ocean, the Anza-Borrego Desert and the Laguna Mountains, San Diego County encompasses 18 incorporated cities and numerous other charming neighborhoods and communities, including downtown’s historic Gaslamp Quarter, Little Italy, Coronado, La Jolla, Del Mar, Carlsbad, Escondido, La Mesa, Hillcrest, Barrio Logan, Chula Vista just to name a few.

San Diego features a variety of exciting things to see and do. Popular attractions include the world famous San Diego Zoo and Wild Animal Park, Sea World San Diego and LEGOLAND California. The Downtown area is home to the Gaslamp Quarter, with its 19th century stately houses and jazz and blues bars, as well as over 15 museums and attractions in the lush Balboa Park. Old Town, California’s 18th century birthplace, is located just north of Downtown and contains the majestic Presidio (‘Fort’), which overlooks San Diego Bay amid spacious manicured gardens. Outlying parks like the Mission Trails Regional Park are a nature-lover’s paradise. South of

The ENT-NF Board of Directors’ is energized and looking forward to breaking new records for contributions in 2009. Again, my deepest gratitude to all who donated to the ONLY Foundation that supports ORL nurses!

It is my hope as President of SOHN and ENT-NF that our successes will continue in 2009. In order to achieve this goal, while worldwide economic issues continue, I need you to renew your commitment to ORL nursing and choose to play a role in the future success of our organization and foundation.

Now is the perfect time for ORL nurses to begin to make plans to attend our 33rd Annual Congress and Nursing Symposium – October 2-6, 2009 in San Diego, California. Don’t miss out on your chance to celebrate our professional commitment to ORL nursing, as well as “Renew, Refresh and Revitalize” your nursing spirit!

Best Wishes for a wonderful spring season.

Kari E. McConnell

Kari E McConnell, RN CORLN – President, SOHN

Downtown is Mexico, with the quirky little curio shops, rambling streets and the unusual seaside attractions of Tijuana. Coronado Island (the tip of a long land split just west of Downtown) is home to the historic Hotel Del Coronado. From Marilyn Monroe to Charles Lindbergh, from state dinners to the ghost of Kate Morgan, the Del has been an American treasure with more than 120 years of fascinating stories to tell. No trip to San Diego is complete without a visit to La Jolla (the Jewel of San Diego). This European-style town is located 15 minutes from the city and is nestled on cliffs overlooking the shimmering Pacific Ocean.

The San Diego culinary arts and dining scene is booming. The hottest, new culinary arts talents prepare award-winning meals throughout the region’s 6,400 eating establishments. You can sample anything from Thai to haute Mexican to New Californian cuisines. Numerous farms and vineyards are clustered in the northern part of the county, so the freshest local ingredients and the best wines are available to the city’s resourceful chefs.

Experience the sun, surf and exquisite scenery of San Diego while attending the world’s foremost ORL nursing education program. “ORL Nursing: Renew, Refresh, Revitalize” promises to be the highlight of the year.

Highlights of the 2009 Congress Program Include:

- 📌 Keynote Presentation: Refresh, Connect: Lessons in Compassionate Care From Mother Teresa - Anne Ryder, Writer, Journalist, Speaker
- 📌 ORL Pharmacology Course~ New Topics
- 📌 Special Interest Groups
- 📌 The Aging Face
- 📌 Women and Sleep
- 📌 Coding 2009
- 📌 Cholesteatoma Update
- 📌 MRSA
- 📌 Caregiving at the End of Life
- 📌 Nursing Considerations in Skull Base Surgery
- 📌 Facial Plastic Medical Skin Care
- 📌 Pediatric ENT Telephone Triage
- 📌 Special Guest Presentation: Women’s Health Update: A to Z - Mimi Secor, noted women’s health expert
- 📌 HPV : The Link to Head & Neck Cancer
- 📌 Diagnosis & Management of Vertigo
- 📌 Positioning Patients for Free Flaps
- 📌 ENT Fungal Infections
- 📌 Recovery from Oral Cavity/Pharynx in African Americans
- 📌 Sinusitis Update
- 📌 Vocal Cord Medialization
- 📌 Coping Strategies for Patients with Facial Paralysis
- 📌 Pediatric Rhinosinusitis
- 📌 Oral, Head & Neck Cancer Awareness
- 📌 What’s New in Facial Plastic Injectables
- 📌 Minimally Invasive Video-Assisted Thyroidectomy
- 📌 Intergeneration Nursing
- 📌 Alternative Therapies
- 📌 Taking Care of Self
- 📌 Special Fun Session: Fun Time Flower Making with Mary Funtoon (Huntoon)

✓ **out Update Online In ‘09**

2009 SOHN CALENDAR

Events/Deadlines

March

- 20-21 SOHN Spring Seminar Series – Philadelphia, Pennsylvania
- 29-31 Nurse in Washington Internship

April

- 1 CORLN Examination Application Deadline
- 27 – May 3 11th Annual Oral, Head & Neck Cancer Awareness Week www.ohancaw.com

May

Better Hearing and Speech Month

- 2-16 CORLN Examination Testing Period
- 9 National ORL Nurse Day
- 22 SOHN Pediatric Spring Meeting – Seattle, Washington

June

- 24 Poster & Video Application Deadline

July

- 1 Chapter Excellence Award Applications Deadline
- Clinical Excellence Award Application Deadline
- LPN/ LVN Excellence Award Application Deadline
- Honor Award Applications Deadline
- Scholarship Applications Deadline
- Forming Chapter Bylaws Deadline
- Nomination of Candidates Deadline

September

- 1 CORLN Examination Application Deadline

October

- 2-6 33rd Annual SOHN Congress – San Diego, California
- 10-24 CORLN Examination Testing Period
- 15 Call for Abstracts 2010 Congress & Spring Seminar Series

November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
- Nurse in Washington Internship Application Deadline
- 15 Lois Moore-Rogers Lectureship Deadline
- 30 Research Forum Abstracts Deadline

December

- 15 Nominations for Outstanding Service Award Deadline
- Nominations for Friend of SOHN Award Deadline

Future Congress Dates

September 24-28, 2010 ~
Boston, Massachusetts

September 9-13, 2011 ~
San Francisco, California

23rd Annual Pediatric ORL Nurses Spring Meeting

May 22, 2009

Held in conjunction with the ASPO
Seattle Marriott Water Front Hotel
Seattle, Washington

Program:

- Post op Tonsillectomies: Timely Discharge, an Untimely Process. A Collaborative Approach to Improve Flow and Decrease Delays on a Short Stay Unit
- Immunization Surveillance in Children with Cochlear Implants
- Neonatal Airway Obstruction
- Case Studies/ Clinical Initiatives
- Update in Pediatric Otolaryngology
- Syndrome Jeopardy
- Assessment Tool: Approach to Increase Patient/Family Satisfaction

Target Audience:

ORL nurses who seek an opportunity to enrich their knowledge and expertise in Pediatric ORL nursing practice and who value the opportunity to network with colleagues from around the country.

Program Purpose:

Provide an educational program for ORL Nurses to enhance knowledge of selected otolaryngology issues affecting children and families; to present cutting edge technology and/or research; to promote opportunity to network with colleagues.

Program Goals:

- Discuss new advances in the evaluation and management of select pediatric ORL problems/disorders.
- Describe the nursing implications in providing care to pediatric ORL patients and their families
- Initiate development of innovative nursing strategies for pediatric patients/families with otolaryngic problems.
- Promote networking with ORL colleagues

Visit www.sohnnurse.com
for registration information.

Contact Hours:

The Society of Otorhinolaryngology and Head-Neck Nurses, Inc. is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation (COA). The maximum hours attainable for the Spring Pediatric ORL Nurses Meeting are 7.0 contact hours.

ASPO:

The American Society of Pediatric Otolaryngology is hosting the 25th Anniversary Meeting 2009 at the Seattle Marriott Water Front Hotel, May 22-25. The Welcome reception is Friday evening. The Scientific Program is scheduled all day Saturday, Sunday morning and Monday morning. SOHN conference attendees will automatically be registered for the ASPO Program. You Must register by May 11th to receive a free ASPO registration.

Hotel Reservations:

1-206-443-5000 or online through a link on this website <http://www.aspo.us/>

When calling, refer to the ASPO room block to insure that you receive the special room rate of \$149.00 per night. Please make your reservation as soon as possible. This rate will be available until Thursday April 30th, 2009.

Program Chairperson:

Wendy Kochevar, RN, CPNP

Director of Education:

Lorie Sparacino, MS, PNP-BC, CORLN



Seattle's Convention and Visitors Bureau

SOHN Outstanding Service Award



The SOHN Outstanding Service Award is the highest award our Society can bestow to a member. Its purpose is to recognize and express appreciation for special contributions of service by members. It is my honor as your President, to give this award to a highly

deserving candidate this year.

Dedication, Commitment, Professionalism and True Leadership

These are the words I would use to describe this year's recipient of the SOHN Outstanding Service Award. Our recipient has demonstrated these qualities in a multitude of ways within the organization for many years. Beginning with her committee work, she has served as chairperson for many committees including Nursing Practice, Government Relations, Education and Congress Planning. She was one of the first members of the National Certification Board for Otolaryngology and Head-Neck Nursing. This group was instrumental in the development of the first certification exam of ORL Nurses in 1993. Our recipient has demonstrated her willingness to share her ORL knowledge and expertise as a lecturer at both local and national SOHN meetings.

She has published many articles in the ORL – Head and Neck Nursing Journal and has served, and continues to serve, on the Journal's Editorial Board. Over the years, her professional involvement within SOHN evolved into higher leadership positions. Her journey led her to serving as a board member and then on to the role of SOHN President and President of the Ear, Nose and Throat Nursing Foundation.

Our recipient had great foresight during her Presidency to move SOHN toward providing more of a focus on Geriatrics by applying for and receiving grants from the Nurse Competence in Aging initiative. She did this in order to make geriatric "best practice" a fundamental part of SOHN member education. These grants served as the catalyst for SOHN to form the Geriatric Special Interest Group, more gerontology education sessions, and began our work with the Hartford Institute for Geriatric Nursing. Although all of her accomplishments alone are enough to earn her this award, our recipient demonstrated her true leadership ability during a national crisis.

The day was Tuesday, September 11, 2001. Our Annual Congress was in Denver, Colorado that year, and we were in our last day of a successful educational event. That morning we received the news that the World

Trade Center was the target of a terrorist attack. Commercial airliners, with innocent Americans onboard, were hijacked and used as weapons to destroy these buildings. The innocent people working in the World Trade Center, who survived the initial attack, were now in peril. Brave fire fighters put their lives at risk to evacuate these buildings prior to their collapse. We all watched helplessly on television as these events unfolded and knew our lives would be forever changed by this tragedy. We also realized our plans to return home the following day were now in jeopardy.

An emergency meeting was held that morning in the hotel ballroom so that our President could address the situation with attendees. There was fear, confusion, overwhelming sadness and panic among those in the room. Our president showed true leadership as she listened to attendees and calmly addressed their concerns. After doing so, she then held a moment of prayer where she asked for strength and guidance for all of us struggling with the circumstances of that day. Her words had a profound effect on our attendees. Although many attendees were able to find a way home quickly, those of us who remained continued on with the conference sessions planned. Our president had planned a very special session that afternoon for our 25th anniversary as a Society entitled "Blessing of the Hands". This was a non-denominational event to reflect affirmation for the work of nursing. The service was held by Reverend Jimmy Lancaster, who gave appreciation and thanksgiving for the work we do as nurses. Each nurse present had her hands anointed and blessed by Reverend Lancaster and each received a small remembrance card with the date and title of the session with the quote: "May your hands be blessed to care for others".

Although our President could not have possibly foreseen the events that would happen that day, this amazing session served to lift our spirits and gave us courage to face the future. To this day, I continue to carry this card in my own wallet. When I have times in my life when I need to gain strength and courage, I hold my card, read it and remember that day - It never lets me down.

Dedication, Commitment, Professionalism and TRUE Leadership, I give to you our Outstanding Service Award recipient for 2008: Ann Luther

*Kari E. McConnell, RN, CORLN, President
Society of Otorhinolaryngology and Head-Neck
Nurses*

*State of the Society Presidential Address - SOHN
32nd Annual Congress and Nursing Symposium
Hyatt Regency McCormick Place, Chicago,
Illinois, Saturday, September 20, 2008*

SOHN NEEDS YOU!!!



SOHN Announces 2009 Call for Candidates

It's that time of year again...

The time for you to consider becoming a candidate in this year's election has arrived. The Nominating Committee is searching for qualified, motivated candidates to lead our Society through these changing times in health care. Dynamic leaders are needed to help our Society grow and thrive during these changes. Consider yourself or encourage other members of SOHN to get involved at the National level. We are seeking candidates for office in the year 2010. Treasurer, Board of Directors (3 positions) and Nominating Committee members (2 positions). To be eligible for the office of Treasurer, a nominee must have served at least one term as a member of the Board of Directors. To be eligible for a position on the Board of Directors or as a member of the Nominating Committee, a nominee must have been an active member of the Society for at least two years preceding the election.

Tips for the Candidates

Position Statement—This statement is 75 words or less and must be sent to SOHN Headquarters by May 1st, so it can be included in the Update. It should list what talents you would bring to the organization and this position. Also, you can include other activities and past experiences. A letter of intent is due with the position statement. A form can be obtained from SOHN Headquarters.

- **Photograph**—Emailed to Headquarters by May 1st for inclusion in the Update and display at Congress.
- **Speech**—At the Business Meeting you will give a three-minute speech, which can include your experience, length of service with SOHN, an overview of your position statement, and goals for the future.
- **Mentoring**—Remember you are not alone. If you are interested in running for an office in the future, get to know the chairs of committees and officers.

**Contact Headquarters at
386-428-1695 or sohn1@earthlink.net
for more information.**

Committee Corner...

Government Relations Committee

This past September the GRC met during the SOHN Annual Congress in Chicago. The committee members expressed concerns about the then upcoming elections and lack of information on healthcare issues. It was requested that we keep in close contact throughout the coming year with any news about pending bills that affect nursing, patient care and other related issues. Also requested were links or information from other nursing organizations about GRC nursing related activities.

Our Annual GRC Luncheon was very well attended with speaker, Michael Maves, MD, MBA, CEO of the American Medical Association who discussed the current political atmosphere and how nurses can get involved at the grassroots level.

GRC News from Texas...

The Texas Legislature is back in session for 140 hectic days. This happens every other year and nursing and the nursing coalition, of which SOHN is a member, are very involved. We have attended planning sessions and participate in weekly conference calls. Nurses Day at the Capitol is March 2 -3 and Mary Klein, Sharon Jamison and Ann McKennis will be there.

We have a number of issues and bills that we are following. The Nursing Practice Environment (SB476 / HB591) which will update staffing rules and give further support to our strong advocacy rules already in place. This bill mandates the formation of Nurse Staffing Committees in hospitals that would be over-seen by the hospitals'

Our NIWI (Nurse in Washington Internship) Scholarship recipient this year will be Cindy Dawson, President- Elect.

In upcoming "Updates" you will see items from members regarding state nursing and healthcare legislation. If you are involved locally or with your state legislators, your state nursing association or the ANA, please email me with related information that we can share with the membership. If you would like to be involved with the committee, email me at: Hopema79@aol.com

Hope Andresen
Government Relations Chairperson

governing board. There are a number of bills that infringe on our professional practice which will be monitored as well as a funding proposal to double the number of Texas nursing graduates by 2013.

Texas Nurses Association is a member of the Texas Public Health Coalition which is working to make Texas Smoke-Free. Tobacco is the leading cause of preventable death in Texas. One in five smoke in this state, which equals 3.3 million people. This results in 24,000 deaths.

We are already off to an amazing start and look forward to sending you a positive report in June when we have adjourned.

Ann McKennis, RN, CNOR(E), CORLN(E)

Chapter Connections

Greater Houston Chapter

We have gotten off to a great start this year. We had a great meeting in January, and we had a lot of good interaction. We will have our next meeting on April 23, 2009 at MD Anderson Cancer Center, Head and Neck Center Conference Room (R10.1443). Dr. Citardi of the University of Texas Medical School will be speaking on sinus surgery. We are planning to provide dinner and a contact hour, so make plans to join us.

Of course, our Government Relations leaders are as active as always. Ann McKennis and Mary Klein visited Austin to participate in the Texas Nurses Association

Legislative Advocacy Coalition, a group that our Chapter has been a part of since its inception. Ann, Mary and I are planning to go to Austin in March to participate in Nurses' Day, and we will be visiting our Legislators to promote SOHN's stance on the dangers of tobacco use.

If anyone has questions, or would like to know more, please contact: Sharon Jamison- 713-563-9103.

Sharon Jamison
Houston Chapter President

Call for Educational Posters, Research Posters and Video Programs

Each year at the Annual Congress, members are invited to contribute to the field of Otorhinolaryngology and Head-Neck Nursing by presenting a poster or video program. Active SOHN members (those who complete a membership application prior to June 24) are encouraged to consider presenting a poster or developing a video program to share with other nurses in San Diego, California. An application must be postmarked by June 24, to be considered as a poster presenter. Applications can be requested from National Headquarters. Any member who has received a cash award for an exhibit (poster or video) for two consecutive years will not be eligible for a monetary award but may submit a poster or video to share information at the annual meeting. A certificate of participation will be presented to those participants. Poster presentations will be displayed at the SOHN Headquarters Hotel. Each poster will be displayed on a 4' x 8' bulletin board.

Continuing Education Programs

March 20-21

SOHN Regional Program
Philadelphia, PA

March 27

Start at the Top: New Trends in ORL Nursing
Maryland/Washington DC Chapter
Baltimore, MD

May 10

Chicago Chapter
Chicago, IL

May 22

23rd Annual Spring Pediatric ORL Nurses Meeting
Held in conjunction with ASPO
Seattle, WA

August 12

Chicago Chapter
Chicago, IL

October 2-6

SOHN's 33rd Annual Congress & Nursing Symposium
ORL Nursing 2009 – Renew, Refresh, Revitalize!
San Diego, CA

Society of Otorhinolaryngology and Head-Neck Nurses

Annual Business Meeting Minutes

Tuesday, September 23, 2008

Hyatt Regency McCormick Place ~ Chicago, Illinois

- I. Call to Order by President Kari McConnell.
- II. Welcome to the Annual Business Meeting. Introductions of the Board of Directors.
- III. Introduction of Guests - Dr. James Denny
- IV. Credentials Report. There are 511 attendees present. 355 voting members present and 156 non voting members present.
- V. Adoption of the Credentials Report. All agreed by verbal vote.
- VI. Consideration of the Rules. Mary Huntoon
- VII. Adoption of the Proposed Rules. All agreed by verbal vote.
- VIII. Timekeeper/ Teller. Jo Ferrero is appointed timekeeper.
- IX. Adoption of Proposed Agenda. All agreed by verbal vote.
- X. Approval of Minutes. No objections to approval of the minutes.
- XI. Officer Reports were available for membership.
- XII. Treasurer's Report – Report by Sandye Schwartz. As of 9/15/208 assets are \$309,961; \$207,170 in checking and money market, \$102,791 in certificates of deposit.
- XIII. Committee Reports were available for membership.
- XIV. Election of Officers- Slate:
President-Elect, Cindy Dawson and Lucy Kingston; Vice President, Mary Huntoon and Sharon Jamison; Secretary, Maggie Chesnutt; Board of Directors, Michelle Forcier and Erin Ross; Nominating Committee, Karen Fahey, Jacqueline Liberati (speech given by Linda Miller Calandra), Lenore Harris. Candidate speeches followed. Ballots were distributed. A motion was made by Michelle Forcier to accept election results and to destroy the ballots. Tellers are Chester Hilton, Rosemary Buzzelli, and Sally Meredith.
- XV. NCBOHN President Linda Miller Calandra reported there are 158 CORLNs. The First Emeritus status was awarded to Ann McKennis. Heartland Regional Chapter was recognized as the chapter with the most CORLNs. They currently have 13 CORLNs.
- XVI. Presentation of Awards.
Poster Awards – 3rd place, Poster #4, *Assessment of Oral Mucositis in Adult and Pediatric Oncology Patients: An Evidence-Based Approach* by Sharon Baumler, et al.; 2nd place, Poster #8, *Past and Present: Changing Technologies in ENT Practice* by Amy Leah and K.T. Kelley; 1st place #3, *Development of a Vaccination Program for Children with Cochlear Implant(s)* by Mary Ellen Brennan. Research Poster - #10, *Does Treatment of Upper Airway Infections Improve Severity of Atopic Dermatitis in Children?* by Barbara Mossman, et al. Chapter Awards – Karen Ulmer and Michelle Forcier presented the Chapter Excellence Awards. The winner from the Large Chapter category was the Maryland/ Washington DC Chapter, Medium Chapter category was the Heartland Regional Chapter, and the Small Chapter category award went to the Atlanta Regional Chapter. The Greater Houston Area Chapter was recognized for their 30th anniversary. The Birmingham Chapter was awarded best in the Chapter Showcase.
- XVII. Recognition of Outgoing Board Members: Past President, Hope Andresen; Vice President, Lucy Kingston; Secretary, Jan Adams; BOD, Mary Huntoon and Patty Zarnitz.
- XVIII. Thank you to the Chicago host chapter for their assistance during this meeting.
- XIX. Election Results were read. Cindy Dawson, President- Elect; Vice President, Mary Huntoon; Secretary, Maggie Chesnutt; Board of Directors Michelle Forcier and Erin Ross; Nominating Committee Karen Fahey, Lenore Harris, and Jacqueline Liberati
- XX. Installation of Officers. The oath of office was read to those elected to office.
- XXI. Announcements- None.
- XXII. Adjournment

Pharmacology Course 2009

The ORL Pharmacology Course will be back again by popular demand as requested by SOHN's Advanced Practice Nurses (APNs) for the fourth consecutive year. It is scheduled for Friday, October 2, 2009 as a Pre-Congress program offering. Many APNs require Pharmacology contact hours for re-licensure in their prospective states. Each year we identify a variety of new drug topics and APN Faculty.

The course was developed and designed to meet the needs of Otolaryngology Advanced Practice Nurses. Each year the Course provides a concentration of pharmacologic nursing education to improve the APNs ability to prescribe. APNs face complex prescription decisions daily on drugs of choice, correct dosage, frequency, drug interactions, history of drug allergies, allergic/adverse drug reactions. The Course will provide valuable information to enable the APN with the decision-making process.

The Course target audience is ORL Advanced Practice Nurses interested in sharpening pharmacologic knowledge and prescribing skills for management of common ENT problems/issues. Any ORL nurse is welcome to attend. The Course Objectives include:

- Identify common otorhinolaryngic problems which require pharmacologic management.
- Discuss the recommended drug therapy for such common ENT problems.
- Describe first choice vs. second choice therapy for select patients.
- Identify alternative drug therapy for patients with drug allergies.
- Differentiate common adverse reactions associated with the drug therapy presented.

The topics in this year's Course will include: MRSA Update, GERD, Malignant Otitis Externa, Vertigo Management, Nasal Steroid Sprays and Antihistamines & Mucolytics.

Plan to attend and make your travel arrangements to attend this special Pre-Congress Program.

If you are an Advanced Practice Nurse and would like to present in 2010 in Boston, Massachusetts, please contact me at Lsparacino@aol.com with your interest and topic.

Lorie Sparacino, MS, PNP-BC, CORLN
2009 Pharmacology Course Coordinator
SOHN Director of Education

A Warm Welcome to New SOHN Members

Leona N. Beck
Florissant, MO

Joanne Buckner
Winston-Salem, NC

Carissa Carie
Mt Pleasant, SC

Sarah K. Corbett
Springdale, AR

Michelle E. Dailey
Mt Pleasant, SC

Kristen L. Di Iorio
Boston, MA

Terri E. Dickerson
Raleigh, NC

Betsy L. Englehardt
Mt Pleasant, SC

Kelly L. Exezidis
Houston, TX

Justin Foutes
Atlanta, GA

Candice R. Hyndman
Brookline, MA

Linda Jones
San Diego, CA

Pat Klumper
Sioux Falls, SD

Liza B. Ledesma
Bethalto, IL

Judith M. Lessard
Manchester, NH

Joby E. Massey
St James, MO

Colleen R. Palay
Solon, OH

Sherrie L. Perrot
Bay City, MI

Veronica L. Restad
Billings, MT

Kimberly A. Scott
Virginia Beach, VA

Teresa Skora
South Milwaukee, WI

Jennifer L. Smith
Huntington, WV

Michelle T. Ziebarth
Brownsburg, IN

Research Forum Announcement

The SOHN Practice and Research Committee would like to invite you to participate in an exciting session at the Annual Congress in San Diego. The Research Forum! If you are currently designing, conducting or finalizing a research study, please consider sharing your experience with other SOHN members in a 10-20 minute presentation. This is a great way to network with fellow nurse researchers or members who have an interest in research. Please contact National Headquarters for additional information at sohn1@earthlink.net

In Memorium...

For those of you who love poetry as I do, I am sure you read the poems of Melvin Cockrell in the Winter 2009 Journal. I am sorry to tell you that Melvin passed away Feb. 5th, the very day his copy of the Journal arrived at his house. "Cotton" as he was known to his friends lived a long full life. At his memorial service the following items were displayed: his wedding photo, six different hats he loved, pictures of him talking with school children about smoking and the open copy of the Winter issue of ORL-Head and Neck Nursing. His family told me that the copies of the Journal will remain treasured items in their family.

Ann McKennis, RN, CNOR(E), CORLN(E)

Going Green!!

The 2008 SOHN Meeting in Chicago was the first "Environmentally Conscious Congress." To move further along at saving paper, we will soon be posting the Update on SOHN's website. While Internet access is available to many, for those nurses that do not have Internet access here are some ideas:

- "Phone a friend."
- Workplace computers-visit SOHN's website at lunch (If allowed).
- Libraries- use public computers for little or no cost.
- Airports- public access computers usually for a fee.
- Access the Internet using phone landlines, dial-up or DSL (A faster speed access over

the existing phone line). This requires a computer and Internet service provider.

- Smart cell phones (PDA, Blackberry, iPhones) with Internet access.
- Cable Internet
- Use your television with a game device like Nintendo, Wii, Playstation, or Game box that allow Internet access.

Let us know other options and suggestions you have to help inform the membership and move toward the paperless world!

Article submitted by:

Cindy Dawson, MSN, RN, CORLN

Call for Authors:

ORL - Head and Neck Cancer Telephone Triage Book

Are you a symptom management whiz? Are you interested in seeing your name in print but lack the time and energy to submit a full manuscript for publication? If so, this may be the opportunity for you!

Editors Margie Hickey, RN, MSN, MS, OCN®, Susie Newton, RN, MS, AOCN®, and Cindy Dawson, RN, MSN, CORLN are creating a manual titled Telephone Triage for Otorhinolaryngology and Head-Neck Nurses, to be published by the Oncology Nursing Society. The bulk of the manual will consist of protocols organized by patient problems and disease conditions.

The editors are seeking nurses to submit protocols for each symptom that a patient with an ORL/head and neck problem may experience. These can be protocols that you currently use in your practice (provided that you have permission to send them in for possible publication) or protocols that you create.

If your protocol is chosen for publication, you will be listed as a contributor and will receive a complimentary copy of the book upon publication.

Submissions should include:

- Definition of the problem or symptom
- Assessment criteria to be evaluated over the phone

- Signs and symptoms commonly reported
 - Recommendations for treatment
 - Time frames for treatment for each symptom (e.g., seek emergency care, see physician within two hours, see physician within 24 hours)
 - Recommendations for follow-up care or instructions/Homecare Instructions
 - References used in preparing your submission (provided in APA format).
- All protocols must contain current references, no older than five years unless a classic.

Intent to submit a protocol must be received by March 31, 2009, and final submissions must be received by June 1, 2009. Letters of intent and final submissions should be emailed to: Cindy Dawson, MSN, RN, CORLN cindy-dawson@uiowa.edu

For more information, table of contents, or a sample protocol or template to follow, contact one of the editors: Cindy Dawson, RN, MSN, CORLN (cindy-dawson@uiowa.edu 319-530-2918); Margie Hickey, RN, MSN, MS, OCN® (m.hickey@novartis.com 201-323-3183); or Susie Newton, RN, MS, AOCN® (SNewton23@hotmail.com 937-427-9572)



Membership Application

Society of Otorhinolaryngology and Head-Neck Nurses

202 Julia Street ♦ New Smyrna Beach, FL 32168
PH: (386) 428-1695 ♦ FX: (386) 423-7566
EM: sohnnet@aol.com ♦ WB: www.sohnnurse.com

Join or Renew NOW!

SOHN Membership is one of the best things you can do for your professional development

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First Name _____ Initial _____

Preferred Mailing Address: home business

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City _____ State _____

Zip _____ Country _____

Home Telephone: _____

Area of Practice

- Allergy (AL)
- Head & Neck Oncology (HN)
- Pediatric ORL (PED)
- Plastics (PL)
- Otolaryngology/Neurotology (OTO)
- Multi-ORL (ORL)
- Multi-Specialty Unit (MSU)
- Other (OT)

Practice Setting

- Ambulatory Surgery (AMB)
- Home Health (HH)
- Hospital (HS)
- Federal/ Military (MIL)
- Long Term Care (LTC)
- Operating Room (OR)
- Outpatient Clinic (OUT)
- Physicians Office (OFC)
- Other (OT) _____

Full Time Part Time Retired

Permission to include your membership information in SOHN Membership Directory (secure SOHN Members website or printed version) and mailing lists: (Please initial) _____ Yes _____ No

Are you a member of another nursing organization? (Ex. AORN, ANA, etc.) If yes, which one(s)? _____

Total years in:
Nursing _____ ORL Nursing _____ SOHN _____

Dues

SOHN Membership Year ~ March 1 – February 28
Membership includes professional Journal and Newsletter

Full Member – RN – Voting Member	\$100.00
Associate Member – LPN/LVN – Non-Voting	\$100.00
Retired	\$ 50.00
Chapter Dues (please indicate which chapter below)	\$ 5.00
Late Renewals (after March 1)	\$100.00
Two Year Renewal	\$190.00
Two Year Renewal with Chapter	\$200.00
Subscription only – US	\$ 60.00
Subscription only – Foreign	\$ 70.00
Donation to the ENT Nursing Foundation	\$ 30.00
Other ENT-NF Donation Amount	\$ _____
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- LPN/LVN Certificate (LPN)
- Diploma (DIP)
- Associate Degree, Nursing (ASN)
- Associate Degree, Other (AS)
- Bachelors Degree, Nursing (BSN)
- Bachelors Degree, Other (BS)
- Masters Degree, Nursing (MSN)
- Masters Degree, Other (MS)
- Doctoral Degree, Nursing (PHDN)
- Doctoral Degree, Other (PHD)
- Other (OT)

Special Interest Groups

- Advanced Practice (AP)
- Allergy/Sinus (AL)
- Facial Plastics (FP)
- Federal/Military (MIL)
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EAR, NOSE & THROAT NURSING FOUNDATION

The Ear, Nose and Throat Nursing Foundation (ENT-NF), founded in 1997, to enhance the care of the ear, nose and throat patient, by advancing the art and science of nursing through education and research funded by donations from individuals, corporations and health care providers. Donations will be used for educational programs designed to enhance care delivery and prevention of disease to the otolaryngology population; support research initiatives to improve the health of patients with ear, nose and throat disorders; and to provide educational programs to increase the knowledge of health care professionals interested in ear, nose and throat nursing care.

Yes, I would like to help ENT-NF enhance the care of the ear, nose and throat patient. Enclosed is my gift for

\$ _____

(Please make checks payable to ENT-NF or donate online – click on the “Click to Donate” button on SOHN’s homepage www.sohnnurse.com)

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Your contribution to ENT-NF is tax-deductible. Thank you for your support.
ENT-NF
202 Julia Street
New Smyrna Beach, FL 32168
Telephone (386) 428-1695

National ORL Nurse Day ~ May 9th

Suggested Activities for ORL Nurses Day

- Obtain a proclamation from the mayor of your town proclaiming May 9 as National ORL Nurses Day.
- Develop a calendar of events.
- Plan to honor your colleagues with a recognition award (certificate or plaque).
- Plan a special celebration lunch to network with your colleagues.
- Design a special poster that highlights the role of the ORL nurse and display at local hospitals or libraries.
- Invite local government officials to planned events.
- Write articles or letters to the editor about current nursing or healthcare topics.
- Ask local radio stations to make announcements during National ORL Nurses Day.
- Use TV, radio, and newspaper community bulletin boards to announce your activities.
- Host a fundraiser (e.g., Fun Run) and donate the money to the ENT-NF Scholarship Fund.
- Make a donation to the ENT-NF “In Honor of...” a co-worker or colleague.
- Honor a fellow member with a SOHN pin or badge tac.
- Write an announcement for your local newspaper or television channel.
- Share an ORL Nurse Day cake with your co-workers.
- Wear your SOHN and CORLN pins with pride.
- Encourage a co-worker to become a SOHN member.
- Collaborate with hospitals, schools and libraries to set up special ORL Nurse Day displays.
- Suggest that your local newspaper solicit stories from readers who would like to pay tribute to an ORL nurse who provided exemplary care.

- Promote a positive, realistic image of ORL nurses by sponsoring health fairs or conducting preventive screenings in underserved areas
- This is a GREAT time to honor our fellow ORL nurses; you can do this by nominating a colleague for the SOHN Clinical Excellence Award (applications available from Headquarters).
- Write an article about an ORL nurse you work side-by-side with for your local hospital paper and do not forget to send a copy to SOHN for the Update (fax to 386-423-7566 or e-mail to sohn1@earthlink.net).
- Write a brief article for the Update on how you celebrated ORL Nurses Day in your area (this counts on the Chapter Excellence Award points).
- Do a brown bag lunch talk in a local library or hospital. The facility will usually do all the advertising and all you will have to do is show up and give a short presentation about SOHN and your practice and leave the rest to questions and answers.
- Set up a table in or outside your cafeteria with information about SOHN, your local chapter, membership applications and activities in your community. You could jazz this up by having a jar full of earpieces or rubber noses and have people guess how many are in the jar (everyone loves a contest). Have a baked treat or prize for the winner.
- If you are in a large hospital, see if you can have a nurse fair during Nurses Week where all sub-specialties set up a table with information.

Please let us know how you celebrated this day!



✓ **out Update Online In '09**



Calling All Faculty

THE ORL REVIEW COURSE NEEDS YOUR EXPERTISE

The overall purpose of this course is to provide the ORL nurse with an overview of common ear, nose and throat problems/disorders and their management.

The material has been divided into sections to include: Otology; Nose, Sinuses, Nasopharynx; Oral Cavity and Salivary Glands; Pediatric ORL Issues; Head and Neck; Radiation Therapy and Chemotherapy; and Professional Issues.

Each of the anatomical sections will review the normal anatomy, common disorders, etiology, symptoms, diagnostic evaluation and management.

The core course is in a power point presentation.

You will be expected to present two topics.

Traveling is involved and SOHN will cover your travel cost.

Honorarium is provided.

CORLN preferred not mandatory.

If you would like to join the faculty and share your expertise, please contact SOHN headquarters.

Email us at: sohnnet@aol.com

Course Director
Erin J Ross MS, APRN, BC, NP, CORLN

In the News...

Where Does Your State Rank???

A new federal study has found that Kentucky followed by West Virginia have the highest death rates from smoking. The following states round out the top ten states with the highest annual death rates: Nevada, Mississippi, Oklahoma, Tennessee, Arkansas, Alabama, Indiana and Missouri.

According to a U.S. Centers for Disease Control and Prevention study, Utah and Hawaii have the lowest smoking related death rates.

http://nytimes.com/aponline/2009/01/22/us/AP-Smoking_Deaths

CIGARETTE SMOKING and PMS

An interesting article can be found in the October 15, 2008 American Journal of Epidemiology. It offers women another reason to give up cigarettes. Dr. Elizabeth Bertone-Johnson and her colleagues found that women 27 to 44 years old who smoke are twice as likely to develop premenstrual symptoms. This is especially true if they have symptoms related to hormone fluctuation, such as bloating, breast tenderness and acne. This information can also be found in an article "Cigarette smoking may worsen premenstrual woes" by Anne Harding on www.reuters.com

Submitted by:

Ann McKennis, RN, CNOR(E), CORLN(E)

Employment Opportunity

Allergy Nurse or NP

We are a busy, single physician ENT/Allergy practice with a friendly, team-oriented staff. We are seeking a motivated, meticulous and compassionate Allergy Nurse or NP to manage and perform all allergy related care (skin testing, spirometry, treatment vial preparation, patient education). Allergy experience is required.

Please contact Cheryl Higgins
NW ENT Allergy
10330 SE 32nd Avenue, Suite 320
Milwaukie, Oregon 97222
Phone (503)513-8693
Fax (503) 622-8553
jiggins25@gmail.com



Core Curriculum For Otorhinolaryngology and Head-Neck Nursing - 2nd Edition

This text is designed to be used by ORL-HN nurses. The book provides an overview of all aspects of nursing practice for the patient with an otolaryngologic problem or abnormality. It provides a foundation of knowledge for generalist and advanced practice nurses working in every ORL-HN practice setting. In addition, it serves as a basic text for students, nurses, administrators and nurse educators.

Price: \$140.00
(includes shipping & handling charges)

ORDER ONLINE
www.sohnurse.com



ORAL, HEAD & NECK
CANCER AWARENESS WEEK

12th ANNUAL ORAL HEAD & NECK CANCER AWARENESS WEEK

April 27 - May 3, 2009

To sign up and for more information about Oral, Head and Neck Cancer Awareness Week, please contact Ann Durgun at (843) 792-6624 www.ohancaw.com.

Say Ahhhh! See, that was easy!

Screening is quick and painless. It involves just a few minutes of looking in the mouth and throat with a light and feeling the salivary glands, thyroid glands and neck lymph nodes. Any knot or abnormality that lasts more than two weeks calls for a closer examination. For example, a red or white patch on the tongue, a change in the voice or a lump on the neck should be evaluated by a physician or dentist.

Do you know the Oral Head and Neck Cancer Risk Factors?

Tobacco (including smokeless tobacco) and alcohol use are the most important risk factors for head and neck cancers, particularly those of the tongue, mouth, throat and voice box.

Eighty-five percent of head and neck cancers are linked to tobacco use. People who use both tobacco and alcohol are at greater risk for developing these cancers than people who use either tobacco or alcohol alone. (Source: National Cancer Institute)

Over the past decade, an increasing number of young, non-smokers have developed mouth and throat cancer associated with the human papilloma virus, or HPV. Today, 25 percent, or 10,000 cases each year, might be attributable to a strain of HPV. Physicians and researchers believe this might be due to an increase in oral sex as part of early sexual experience.

Thyroid cancers can develop in anyone, although there often is a family history or exposure to radiation involved. Salivary gland cancers also do not seem to be associated with any particular cause.

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YOUR MOM SAID NEVER STICK
YOUR TONGUE OUT IN PUBLIC....

HOW

ABOUT WE GIVE YOU A
PASS FOR THE DAY?

